



## *Team Expectations*

I want to be remembered as the person who gave it all  
whenever I was on the field.

- Walter Payton

### **1. My Coaching Philosophy.**

The goal in this team sport is to transform a simple collection of talented individuals into a unified unit where the TEAM is greater than the sum of its parts.

### **2. Dress Properly.**

Practice attire includes T-shirt (no tank-tops), shorts, shin guards, and soccer cleats.

DRESS WARM for colder practices/games (Ex: soft hat and gloves).

A proper uniform (uniform top, shorts, shin guards, socks and soccer cleats) are required for game days. White shirt and socks for home games, and green shirt and socks for away games. BRING BOTH JERSEYS/SOCKS TO ALL GAMES – just in case.

All athletes will purchase their own green and white socks, and team goalie will purchase their own goalie gloves.

All athletes will change into game clothes before getting on the bus for away games, unless otherwise stated.

### **3. Positive Attitude: To Be A TEAM PLAYER.**

Be supportive of all teammates at all times. Believe in yourself and others. Have a can-do attitude. Know and understand your role on the team. You are all part of **ONE** team with no groups / cliques. If this becomes a problem – the issue(s) will be addressed. If we play together, we will win together.

#### 4. **Appropriate Language.**

Profanity, criticism and negative non-verbal comments **will not** be tolerated. This includes (but not limited to) eye-rolls, sighs, name calling, and talking disrespectful to: teammates, opponents, coaches (from both teams), spectators, and referees. Respect everyone.

#### 5. **Help Out.**

At the beginning of each practice help get the balls and cones out. At the end of each practice everyone will help clean up the fields, and put away the equipment. **No one leaves the field until this is done.**

#### 6. **Practices: Be On Time.**

Practice **begins** at 3:30 pm. You must be on the field (or designated location) at 3:30 pm SHARP – ready to go or there will be consequences for each minute you are tardy. In order to improve as a team it is important that all members of the team be at practice **every day**. I do understand that there may be situations that will prevent you from practicing, so to try and avoid conflicts - you will be given a practice and game schedule ahead of time; please schedule your appointments around them. If things come up unexpectedly, please call or email your coaches and let them know. If you need to see a teacher after school you must bring a note from that teacher to your coach **BEFORE** practice.

\*\*\*The following is a list of examples of excused and unexcused absences:

##### **Excused**

Ill and excused (didn't attend school)  
Funeral  
Family emergency  
School academic activity  
Pre-arranged absence approved by coach

##### **Unexcused**

Babysitting  
Too much homework (plan ahead)  
Didn't want to come  
Shopping  
Party  
Haircut

#### 7. **Game Play.**

Playing time for every player on varsity will not be equal.

If you are absent from school on game day, you are unable to participate in the match.

If you have an unexcused absence from practice or a game your playing time in the following match will be affected in these climatic ways (at the coach's discretion):

Will not start and limited playing time in match  
No playing time in the match  
Cut from team.

If an athlete is injured and sees a doctor, they must receive a note from their doctor before they can resume playing in practices/games.

#### 8. **Bus Rides.**

All players are required to ride the bus to and from all away games.

Exceptions will be granted **ONLY** when a document is filled out by the coach and signed by a parent/guardian. An athlete may leave with a friend's parents as long as their parents and friend's parents sign a permission slip.

#### 9. **Addressing Concerns: Chain-of-Command.**

If a parent/guardian or their daughter has an issue with playing time or any other issue the procedure will go as follows (after 24 hours from the incident):

**Athlete and coach meeting.** If no resolution....

**Athlete, parent/guardian, and coach meeting.** If no resolution...

**Athlete, parent/guardian, coach and athletic director meeting.**

\*\* A parent/guardian will not approach a coach about an issue unless their daughter has met with the coach first and discussed it. If a parent contacts or confronts a coach on match night or at practice in an irrational way, their daughter’s playing time could be affected.

**10. Self-Discipline.**

Get plenty of rest. Lack of proper rest will catch up with you and hinder your performance on the field and in the classroom. Use time management skills to prioritize your activities properly. Use good nutritional judgment. Go to class. Be courteous and show respect for others – you cannot demand respect, you must earn it. The night before matches, I expect that you get a good night’s rest; especially before tournaments. One might say that 10:00 pm is a good time to start resting your body. **However, if players seem that they are not physically ready due to lack of sleep, coaches may find it necessary to make phone calls to an athlete’s homes to impose a curfew.**

**11. Lettering Policy.**

An athlete can earn a varsity letter if they have been involved in the varsity soccer program, and have not previously lettered. This athlete **must** be an active participant in the practices and must possess good moral character & outstanding leadership qualities.

An athlete can earn a varsity letter by contributing to the growth of the team by attending all practices and by contributing to the team’s success as a consistent starter; both offensively and defensively.

**12. Game Schedules/Team Information.**

Parents/guardians and players will stay up-to-date with game and practice schedules by utilizing the school soccer team’s website. **Note, schedules are subject to change!** <http://www.freedomschools.k12.wi.us/highschool/homepage.cfm>

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**Please return this portion signed by the athlete and parent/guardian. This represents that the above guidelines are understood and will be followed. In order to practice this must be turned in first.**

**Player Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent #1 Name & CELL phone number:** \_\_\_\_\_

**Parent #2 Name & CELL phone number:** \_\_\_\_\_