

# Freedom Middle School

September 2022

# WELCOME BACK NEWSLETTER!!



Hello and welcome to the first edition of the "*In the Middle*" monthly newsletter. Enjoy reading about all of the great things happening here at Freedom Middle School!

GO IRISH!!!!

### **Important Dates:**

Thursday, Sept. 1	1st student day. Welcome back!
Monday, Sept. 5	Labor Day. No School!
Monday, Sept. 12	Pictures for students not at registration. MAPSS meeting; 5:00 pm
Monday, Sept. 19	School Board meeting; 6:30 pm.
Friday, Sept. 23	12:30 dismissal for students; PM staff inservice

### **Important Reminders:**

- ★ Masking is optional when riding the bus.
- ★ Masking is optional while in school.
- ★ School starting time is 8:00am. Ending time is 3:21pm. Students should be in their 1st hour class no later than 7:55am.
- ★ Turn in all appointment notes to the office.



Dr. Methner

Hello FMS friends!

Welcome back for another great year at Freedom Middle School! We are very excited to see you on the first day of school. Please come see me in the middle school office if you need help or want to chat! I am anxious to hear about your summer adventures.

The FMS faculty and staff are working diligently to be ready for your arrival on the first day of school. We welcome a number of new staff this year, including:

- Mrs. Wright MS choir
- Mr. Brandt Exploring Music
- Mrs. Dobbe middle school math intervention
- Ms. Wilken physical education and health
- Mrs. VanSchyndel Family and Consumer Education

Here are a few friendly tips as we approach the first day of school:

- ★ Check the school supply list for any items you will need for your teachers.
- ★ Feel free to come see us before school starts if you would like to put things in your locker.
- ★ Take time to be kind to your family and enjoy the last weeks of summer!

In other news, I have been working on some improvements to our playground equipment and game layout on the parking lots. You'll also notice that our bell schedule will feature Irish Hour at the end of the day this year. See you on the first day of school!

Go Irish!!!!!



#### Counselor's Corner - Mr. Jason Bins

Stakeholders and Welcome to the of the "Chinese Bamboo Tree." 2022-23 School Year!

A special welcome to our new students and families. As I enter my thirteenth year at Freedom Middle School, I continue to be amazed by the interconnectedness of the staff, students, and families in our school and the growth our students show during their time at Freedom Middle School. F.M.S. is truly an awesome place! I hope our new staff members, families, and students have a similar wonder if our efforts (caring, water, experience!

As for my role as school counselor, I am entering my third full year as Freedom Middle School Counselor. As your child's school counselor, my job is to support your child's social, emotions, academic, and behavioral needs. I truly love my job because I get to support all students at their individual level and based on their needs.

With this said, please let me know what I can do to support your child, as we start the school year, and as we navigate through the 2022-23 school year and your child's middle school years. Please do not hesitate to contact me with information or concerns which impact your child. These items can be kept confidential or in a limited scope to protect your child. I can be reached at(920) 788-7945 (x2288) or via email at jbins@freedomschools.k12.wi.us.

Greetings Freedom Middle School In closing, I leave you with the story

The Chinese Bamboo Tree

Like any plant, growth of the Chinese Bamboo Tree requires nurturing water, fertile soil, sunshine. In its first year, we see no visible signs of activity. In the second year, again, no growth above the soil. The third, the fourth, still nothing. Our patience is tested and we begin to etc.) will ever be rewarded.

And finally in the fifth year behold, a miracle! We experience growth. And what growth it is! The Chinese Bamboo Tree grows 80 feet in just six weeks!

This story is a prevalent part of my counseling office and a great microcosm for your child's middle school years. As your child enters (or continues) their middle school journey, remember to keep "Watering the Bamboo!" We will do the same at F.M.S. and I am confident that all of our students will grow and find their path! -JB



### Lunch

For the past two years, students could get school meals for free whether their parents filled out a meal application or not — unfortunately, that will not be the case this fall. Congress did not extend these waivers for the upcoming school year, so this new school year we will be back to regularly priced meals.

Lunch for students will cost \$3.00. Reduced lunches cost \$0.40. If your student brings lunch from home and needs milk, the family account will be charged \$0.30.

Breakfast will be \$1.35 and reduced breakfasts cost \$0.30

Limited A la Carte will also be available at an additional cost.

As a reminder, a positive foodservice balance is required to participate.

If you're worried about paying for meals again, we encourage you to fill out an application for free and reduced-price lunch. These applications are posted in the foodservice tab on the district website.

### Middle/High Lunch Menu

Menu Subject to Change		September 2022		USDA is an equal opportunity provider & employer
Monday	Tuesday	Wednesday	Thursday	Friday
Student Lunch \$3.00 Reduced Lunch \$0.40 Adult Lunch \$4.35 Extra Carton of Milk \$.30	The Foodservice Department welcomes your questions or comments. Please call 788-7950 ext. 3301		1 Chicken Strips OR Mini Corn Dogs Vegetable Fruit Fresh Veggie Bar Choice of Milk	2 Hamburger OR Hot Dog Vegetable Fruit Fresh Veggie Bar Choice of Milk
5 No School	6 Nachos OR Spaghetti & Meatballs Vegetable Fruit Fresh Veggie Bar Choice of Milk	7 Sloppy Joe OR Rib Sandwich Vegetable Fruit Fresh Veggie Bar Choice of Milk	8 Corn Dog OR Chicken Patty w/ Mashed Vegetable Fruit Fresh Veggie Bar Choice of Milk	9 Pizza OR Popcorn Chicken & Fries Vegetable Fruit Fresh Veggie Bar Choice of Milk
12 Hot Dog OR Chicken Sandwich Vegetable Fruit Fresh Veggie Bar Choice of Milk	13 Hamburger OR Tacos Vegetable Fruit Fresh Veggie Bar Choice of Milk	14 Sub Sandwich OR Chicken Nuggets Vegetable Fruit Fresh Veggie Bar Choice of Milk	15 Chicken Wrap OR Pizza Vegetable Fruit Fresh Veggie Bar Choice of Milk	16 Cheesy Chicken & Rice OR Ham & Cheese Vegetable Fruit Fresh Veggie Bar Choice of Milk
19 Chicken Patty Sandwich OR Pizza Vegetable Fruit Fresh Veggie Bar Choice of Milk	20 Nacho's OR Cheeseburger Vegetable Fruit Fresh Veggie Bar Choice of Milk	21 Popcorn Chicken OR Turkey & Cheese Vegetable Fruit Fresh Veggie Bar Choice of Milk	22 Salisbury Steak OR Beef Enchillada Vegetable Fruit Fresh Veggie Bar Choice of Milk	23 Corn Dog OR Chicken Nuggets Vegetable Fruit Fresh Veggie Bar Choice of Milk
26 Sloppy Joe OR Rib Sandwich Vegetable Fruit Fresh Veggie Bar Choice of Milk	27 Tacos OR Chicken Wrap Vegetable Fruit Fresh Veggie Bar Choice of Milk	28 Quesadilla OR Spaghetti & Meatballs Vegetable Fruit Fresh Veggie Bar Choice of Milk	29 Gyro OR Mini Corn Dogs Vegetable Fruit Fresh Veggie Bar Choice of Milk	30 Fish Sandwich OR Chicken Patty w/Rice Vegetable Fruit Fresh Veggie Bar Choice of Milk

# Enjoy the 2022-2023 School Year!!!!

