

Freedom Elementary School October Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Yogurt Parfait w/ Granola or Granola Breakfast Round Apple Juice	2 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Banana
5 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit	6 Mini French Toast or Assorted Muffins Apple Juice	7 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit	8 Strawberry Smoothie Apple Juice	9 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Banana
12 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit	13 Cream Cheese Bagels Apple Juice	14 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit	15 Yogurt Parfait w/ Granola or Granola Breakfast Round Apple Juice	16 No School
19 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit	20 Mini French Toast or Assorted Muffins Apple Juice	21 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit	22 Strawberry Smoothie Apple Juice	23 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Banana
26 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit	27 Cream Cheese Bagels Apple Juice	28 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit	29 Yogurt Parfait w/ Granola or Granola Breakfast Round Apple Juice	30 Cinnamon Toast Crunch/Cocoa Puffs/Trix Cereal Scooby Snacks & Fresh Fruit