Full Student Meal is $3.10 Reduced is $0.40 Extra Milk $0.50

Freedom Middle & High School: November Lunch Menu

2 **(1) Boneless Chicken Wings** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	3 **(1) Tomato Soup & Grilled Cheese** (2) Chicken Tenders (3) Cheese & Pepperoni Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	4 **(1) Sloppy Joe Sandwich** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	5 **(1) Chicken Quesadilla** (2) Spicy Chicken Sandwich (3) Cheese & Pepperoni Homemade Chicken Wrap Assorted Fruits and Vegetables	6 **No School**
9 **(1) Orange Chicken w/ Egg Roll & Fried Rice** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	10 **(1) Turkey Club Sandwich** (2) Spicy Chicken Tenders (3) Cheese & Pepperoni Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	11 **(1) French Toast & Sausage** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	12 **(1) Frito Walking Tacos** 2) Breaded Chicken Sandwich (3) Cheese & Pepperoni Homemade Chicken Wrap Assorted Fruits and Vegetables	13 **(1) Popcorn Chicken Bowl** (2) Pizza Dunkers (3) Cheese & Pepperoni Assorted Fruits and Vegetables
16 **(1) Chicken Nuggets w/ Soft Pretzel Bites** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	17 **(1) Chicken Alfredo w/ Garlic Bread** (2) Chicken Tenders (3) Cheese & Pepperoni Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	18 **(1) Baked Potato Bar** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	19 **Beef & Cheese Nachos** (2) Spicy Chicken Sandwich (3) Cheese & Pepperoni Homemade Chicken Wrap Assorted Fruits and Vegetables	20 **(1) Beef Hot Dog w/ Chili & Cheese** (2) Pizza Dunkers (3) Cheese & Pepperoni Homemade Chicken Wrap Assorted Fruits and Vegetables
23 **(1) Glazed Tradional Chicken Wings** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	24 **(1) Spaghetti & Meatballs** (2) Spicy Chicken Tenders (3) Cheese & Pepperoni Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	25 **(1) BBQ Rib Flatbread** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables	26 **No School - Happy Thanksgiving**	27 **No School**
30 **(1) Teriyaki Chicken w/ Egg Roll & Fried Rice** (2) Cheeseburger (3) Cheese & Sausage Pizza Homemade Chicken Wrap Assorted Fruits and Vegetables				

A full student lunch includes a choice of entrée supply ing protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include skim white, 1% white and non-fat chocolate. Menu subject to change. Please contact Logan Wilson, Director of Dining Services This institution is an equal opportunity provider.