

## HEAD LICE TREATMENT CHECKLIST

| TREATMENT STEPS |  | FAMILY MEMBERS' NAMES |  |  |  |  |  |  | House | Car |
|-----------------|--|-----------------------|--|--|--|--|--|--|-------|-----|
|                 |  |                       |  |  |  |  |  |  |       |     |
| 1.              | Buy a pediculocidal shampoo or cream rinse, or mayonnaise.   |                       |  |  |  |  |  |  |       |     |
| 2.              | Treat hair following instructions on information guide.  |                       |  |  |  |  |  |  |       |     |
| 3.              | Remove clothing and wash. Use <u>hot</u> cycle of washing machine <u>or</u> 20 minutes on <u>hot</u> dryer setting.  |                       |  |  |  |  |  |  |       |     |
| 4.              | Make sure any clothing put on after shampooing is clean.   |                       |  |  |  |  |  |  |       |     |
| 5.              | Remove all nits from hair using a specially designed comb (ex: LiceMeister) or fingers. Dispose of by flushing down toilet or placing in plastic garbage bag.                    |                       |  |  |  |  |  |  |       |     |
| 6.              | Vacuum all couches, chairs, carpets, floors, mattresses and upholstered car seats.   |                       |  |  |  |  |  |  |       |     |
| 7.              | Wash all bed linen, blankets, clothing, headgear, coats, etc. that have been worn prior to the treatment. (See #3)   |                       |  |  |  |  |  |  |       |     |
| 8.              | Any items which cannot be washed must be ironed, dry-cleaned, placed in a hot dryer for 20 minutes, placed in a plastic bag for 10-14 days, or placed in a freezer for 48 hours. |                       |  |  |  |  |  |  |       |     |
| 9.              | Disinfect all combs, brushes, and other hair care items in the lice shampoo or in very hot water.  |                       |  |  |  |  |  |  |       |     |
| 10.             | When using pediculocidal products, retreat hair 7-10 days after the first application or as directed on package insert.  |                       |  |  |  |  |  |  |       |     |
| 11.             | Check hair daily to remove old nits or identify re-infestation.  |                       |  |  |  |  |  |  |       |     |