

Full Student Meal is \$3.00 Reduced is \$0.40 Extra Milk \$0.40

Freedom Middle & High School: December Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>(1) Orange Chicken w/ Egg Roll & Fried Rice</p> <p>(2) Cheeseburger</p> <p>(3) Cheese & Sausage Pizza</p> <p>Assorted Fruits and Vegetables</p>	<p>2</p> <p>(1) Chicken Alfredo w/ Garlic Bread</p> <p>(2) Chicken Tenders</p> <p>(3) Cheese & Pepperoni Pizza</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>3</p> <p>(1) French Toast Sticks & Sausage Patty</p> <p>(2) BBQ Pork Sandwich</p> <p>(3) Cheese & Sausage Pizza</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>4</p> <p>(1) Chicken Soft Tacos</p> <p>(2) Spicy Chicken Sandwich</p> <p>(2) Cheese & Pepperoni Pizza</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>5</p> <p>(1) Popcorn Chicken w/ Mashed Potatoes</p> <p>(2) Pizza Dippers</p> <p>(3) Cheese & Pepperoni</p> <p>Assorted Fruits and Vegetables</p>
<p>8</p> <p>(1) Chicken Nuggets w/ Soft Pretzel Bites</p> <p>(2) Cheeseburger</p> <p>(3) Cheese & Sausage Pizza</p> <p>Assorted Fruits and Vegetables</p>	<p>9</p> <p>(1) Spaghetti & Meatballs w/ Garlic Bread</p> <p>(2) Chicken Tenders</p> <p>(3) Cheese & Pepperoni Pizza</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>10</p> <p>(1) Beef Hot Dog</p> <p>(2) BBQ Pork Sandwich</p> <p>(3) Cheese & Sausage Pizza</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>11</p> <p>(1) Chicken Quesadilla</p> <p>(2) Breaded Chicken Sandwich</p> <p>(3) Cheese & Pepperoni</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>12</p> <p>No School - Staff Inservice</p>
<p>15</p> <p>(1) Teriyaki Chicken w/ Egg Roll & Fried Rice</p> <p>(2) Cheeseburger</p> <p>(3) Cheese & Sausage Pizza</p> <p>Assorted Fruits and Vegetables</p>	<p>16</p> <p>(1) BBQ Rib Flatbread</p> <p>(2) Chicken Tenders</p> <p>(3) Cheese & Pepperoni Pizza</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>17</p> <p>(1) Chicken & Waffles</p> <p>(2) BBQ Pork Sandwich</p> <p>(3) Cheese & Sausage Pizza</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>18</p> <p>(1) Beef & Cheese Nachos</p> <p>(2) Spicy Chicken Sandwich</p> <p>(3) Cheese & Pepperoni</p> <p>Homemade Chicken Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>19</p> <p>(1) Baked Potato Bar</p> <p>(2) Pizza Dippers</p> <p>(3) Cheese & Pepperoni</p> <p>Assorted Fruits and Vegetables</p>
<p>22</p> <p>(1) Boneless Chicken Wings</p> <p>(2) Cheeseburger</p> <p>(3) Cheese & Sausage Pizza</p> <p>Assorted Fruits and Vegetables</p>	<p>23</p> <p>Early Release - Cheese Pizza</p> <p>Assorted Fruits and Vegetables</p>	<p>24</p> <p>No School - Winter Break</p>	<p>25</p> <p>No School - Winter Break</p>	<p>26</p> <p>No School - Winter Break</p>

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include skim white, 1% white and non-fat chocolate. Menu subject to change. Please contact Logan Wilson, Director of Dining Services 284-5570. This institution is an equal opportunity provider.