

**Freedom Middle School**



# in the middle

March 2025



Hello and welcome to the “*In the Middle*” monthly newsletter. Enjoy reading about all of the great things happening here at Freedom Middle School!

GO IRISH!!!!

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## Important Dates:

Friday, March 7	No school/staff inservice
Saturday, March 8	Solo Ensemble
Monday, March 10	MAPSS meeting 5:00pm
Friday, March 14	6th grade Band/Choir lock in
Monday, March 17	School Board meeting 6:30pm
Friday, March 21	End of Quarter 3
Monday, March 24 - Friday, March 28	No school/Spring break

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## Important Reminders:

- ★ School starting time is 8:00am. Ending time is 3:21pm. Students should be in their 1st hour class no later than 7:55am.
- ★ Turn in all appointment notes to the office. This will help in regards to the 5 and 10 allowable absences from the state.
- ★ Early release time is 12:30.

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**Dr. Methner**

*Hello FMS Families!*

*I want to thank all who attended our 1st annual Showcase Night in January. We were so proud of our students' work and so grateful to those who were able to take time out of their busy schedules to attend.*

*I would like to extend a special thank you to our staff and to Mr. Wilson, our Food Service Director, for helping to put on our spaghetti fundraiser. We were able to raise over \$300 to help offset our field trip expenses.*

*We are already busy planning next year's Showcase Night.*

*Please take time ahead of our Wisconsin Forward testing to reinforce to your children the importance of this assessment to our school. We use it to gauge the effectiveness of our curriculum and we are proud when our kids achieve their potential!*

*I can be reached via email at [gmethner@freedomschools.k12.wi.us](mailto:gmethner@freedomschools.k12.wi.us), or by phone at 920-788-7945 ext. 2309. GO IRISH!!!*





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## PBIS

With the freezing cold temperatures and school being cancelled on Tuesday, January 21st, the FMS PBIS “Pay to Play” Assembly was moved to Thursday, January 23rd. The students were happy to have a day off of school and even happier they had an extra day to earn more Irish Bucks to spend! FMS students have been working hard to show their Irish B.E.S.T. They are B being respectful, E engaging and practicing, S self-control, and T taking responsibility. Students brought the bucks they earned and spent them on prizes and games! The students' participation and engagement was great! There were many new participants for the games and winners for the prizes. The PBIS Committee is already working hard to plan the next PBIS incentive for March. Below are pictures from each of the grade level assemblies.



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Buy a Yearbook! Click [here](#) for link.

**Walsworth** yearbooks


Resume Order Help

2025 Freedom Middle School  
Freedom, WI

2025 Freedom Middle School, Freedom, WI | CHANGE SCHOOL

BUY A YEARBOOK

**Yearbook**  
Buy a yearbook to help your student remember the year forever.  
\$25.00  
BUY YEARBOOK



Upload photos to be put into YEARBOOK by following the instructions below.

## YEARBOOK SNAP

**You take great photos every day.** Send us your best photos for consideration in the Freedom Middle School yearbook!

**2 WAYS TO SUBMIT  
YOUR PHOTOS TO THE  
YEARBOOK STAFF:**

Download the Yearbook Snap mobile app from the App Store or Google Play, and enter our access code:  
**fmsyearbook**

**OR**

Go to [yearbookforever.com](http://yearbookforever.com), enter our school name, click on Yearbook Snap and enter our access code:  
**fmsyearbook**



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## 6th Grade News



6th grade scientists continued their work with thermal energy and applied this information to a real-world scenario. With their lab group, they investigated blankets and determined which one would be the best choice for people to use in the event of a disaster, based on: maintaining temperature, price, and eco-friendliness. They wrote a scientific explanation (CER) to prove why their choice was the best across all categories and created a poster to report their conclusion.



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## 7th Grade News

### 7th Grade Writing

In writing, we will begin the month of March with our compare/contrast essay. Thank you to all family members who helped their student by filling out an interview. The final product will be done mid-March. Ask your student to take a look at their final draft which is in their Google Drive. In the second half of March, we will begin our work with stand-alone paragraphs in three modes of writing: narrative, informative, and argumentative. We will look at one sample of each as a whole class. Students will then write a paragraph for each mode with a partner prior to moving to an individual, graded paragraph. These short pieces will be preparing students for the Wisconsin Forward Exam to be given in April.

### 7th Grade Reading

This month, our students are diving into morphology, learning how to break down words into roots, prefixes, and suffixes to uncover their meanings. They will also sharpen their skills in using context clues to determine the meaning of unfamiliar words. These strategies will not only enhance their vocabulary and reading comprehension but also help them feel confident and prepared for the Wisconsin FORWARD Exam in April.

### 7th Grade Reading

Hello 7th Grade Families! We have entered, and now endured, some of the toughest months of the school year: at least in my opinion. Unfortunately, the groundhog said we will have 6 more weeks of winter. I am hoping he has been misled. That said, this year is certainly flying by. Your 7th graders have been wonderful to work with. I hope they are enjoying, and learning something, in 7th grade U.S. History. We just finished our unit on the *American Revolution* and are now headed into *A New Nation*. As I write this, the students are excited about our mini-course field trips. The students could choose between a movie and bowling, downhill skiing/snowboarding, or ice fishing. Please check out the next newsletter to see some pictures of those adventures. Have a great week and may spring be just around the corner.



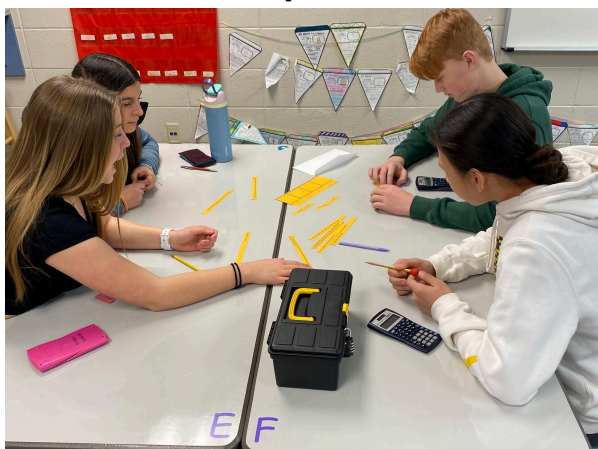
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## 7th Grade Math

We are wrapping up Unit 5 on “Rational Numbers” and moving into Unit 6. Unit 6 focuses on "Expressions, Equations, and Inequalities" where students learn to represent situations with diagrams and equations, solve linear inequalities, generate equivalent expressions, and understand the concept of functions through various representations like tables, graphs, and equations; essentially building upon their understanding of basic algebraic concepts.

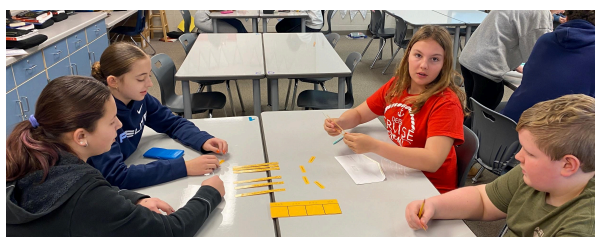
We also celebrate “Pi Day” in math class on 3/14. Keep an eye out for a note that will come home giving you more details in regards to this special day in math class.

### Pictures of an escape room in math.



## 7th Grade Science

Greetings from 7 th Grade Science. We are working through our Metabolic Reactions Unit. We have figured out that our patient has anatomical differences in her digestive system. She is not able to digest or absorb some food molecules in the same way. We have narrowed it down to the small intestine. We are currently looking at the contents of her large intestine to see what molecules are still present/not absorbed. We are getting close to a diagnosis. Spring is right around the corner. Keep your eyes open for this month’s bird. The first Red-winged Blackbirds usually return back around the end of February/beginning of March. Males will show up first and set up territories. The females will show up one to two weeks later.



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## 8th Grade News

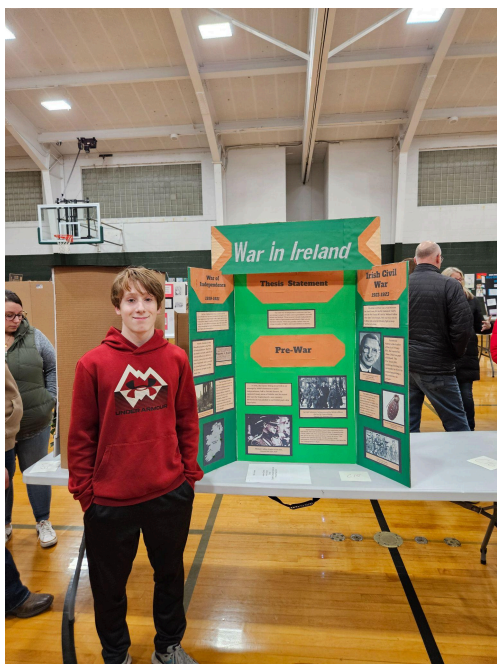
Congratulations to this year's regional qualifiers for National History Day who will compete in the UW-GB regional competition on Saturday, March 1. Good luck to all of you!!!

### Individual Exhibits (in no particular order)

1. Blake Bobusch - Bob Dylan
2. Eleanor Groenjes - White Rose
3. Hattie Van Handel - Kristallnacht
4. Austin Runyon - WI Environmental
5. Harper Sowinski - Women's Basketball

### Groups Exhibits (in no particular order)

1. Nick Hofacker, Raylin Cox - Holocaust
2. Mason Gerrits, Jackson Linskens - Montgomery Bus Boycott
3. Brailyn Davis, Grace Reynolds - Little Rock 9
4. Journey Pengrazi, Alexis Krull - Susan B Anthony



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## Encore News

### Choir/Band

Lots of exciting events and celebrations are taking place in the FMS music department at this time. We had a very successful run of our musical “Shrek, Jr.” with four sold out shows and a performance for the incoming 6th grade students too! Congratulations to all of our students that participated in the cast and on the crew!

The 7th and 8th grade choir members will be representing FMS at the Oshkosh Herd Game as the guest choir performing the National Anthem prior to the game on Friday, February 28. In addition, many of our 7th and 8th grade choir and band members are preparing pieces for our solo and ensemble music festival to be held on Saturday, March 8 at Little Chute High School. Students have been working diligently to prepare these solos and small ensembles and we are very proud of their hard work and willingness to represent the FMS music department.

The 8th grade choir will be performing a concert alongside the high school choir entitled, “Unitas...A Dance of Dreams,” on Thursday, March 13 at Saint Nicholas Church here in Freedom. The concert will begin at 7:00pm and will feature vocal music as well as the Freedom Ringers handbell choir. Please join the Freedom Chorale, 8th Grade Choir, and Freedom Ringers in this splendid concert featuring the dancing melodies of unity, peace, and aspirations for the future.

And finally, our 6th grade band and choir are getting ready to hold their annual band/choir lockin even to be held on Friday, March 14. The event will take place from 3:30-9:00pm. Students will learn brand new music during this time as well as participate in games and team building and

the evening will conclude with a concert to showcase all of their efforts throughout the night. We are looking forward to all of it!!!

### Exploratory Music

As we move towards the warmer months, all of our classes are completing units around composition. The 6th graders are learning the foundational skills of how to compose music, while our older grades are in the middle of writing their own songs! By the end of March, students will have their own music completed to listen to. I hope that they bring this work home to share with you!

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### Health

In health class, we’ve been diving into the **six dimensions of health**—physical, emotional, social, intellectual, spiritual, and environmental. Students have been exploring how these areas connect and impact their overall well-being.

Through discussions and activities, they’ve reflected on questions like: *How does sleep affect my mood? How do friendships support my health? What small choices can I make each day to improve my well-being?* It’s been great to see them making real-world connections and thinking critically about their own health.

Encourage your child to share what they’ve learned—maybe even challenge them to name all six dimensions! Thank you for supporting our students as they build lifelong healthy habits.

Mr Paar- FMS Health/PE



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## **Physical Education: Taking Aim at Success!**

Hello Parents,

Our middle schoolers have just wrapped up an exciting unit on archery! Students learned the fundamentals of stance, aim, and focus while practicing their shots. It was incredible to see their improvement—not just in accuracy, but in patience, concentration, and self-discipline. Many students surprised themselves with how quickly they picked up the skill!

Beyond hitting targets, this unit emphasized goal-setting, perseverance, and personal growth—important lessons that extend far beyond PE class. Up next, we'll be diving into badminton, where students will continue building their coordination, teamwork, and fitness.

Encourage your child to share their experience with archery—maybe even challenge them to explain the techniques they learned! As always, thank you for your support in keeping our students active and engaged.

Mr Paar and Mr Springstroh  
FMS PE



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## From the health office:

### Reminders for the school year-

- If vomiting/diarrhea- your student must be 24 hours vomiting/diarrhea free prior to returning to school/co-curriculars
- Fever of 100.4 or greater, your student will be sent home. Your student must be 24 hours fever free without the use of fever reduction medications prior to returning to school.
- All medication must be brought to school/picked up from school by a parent/guardian in its original container. This does include over the counter medications.
- Bring in your emergency medication forms and medications. If a medication is kept on person, a physician must indicate that in the letter/form.
- If there is a change in your student's health condition/diagnosis, physical restrictions, please let the nurse know. Phone is 920-788-7944.

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## Summer School

**IMPROVEMENTS TO THE SUMMER SCHOOL WEBSITE** will be updated soon! Please check out the following features when starting to register your child:

- 1. Printable summer school sports flyers-** will be available on the summer school website in the near future.
- 2. All course descriptions** will be available for you to view.

**Reminders-**The session will be three weeks: **June 9 through June 27, 2025.**

### **Online Registrations**

**Window (March 20 - April 11, 2025), final day to pay course fees is Friday, April 18, 2025.**

**If your child is signed up for a course when the registration window closes, you ARE responsible for those course fees even if your child does not attend summer school.**

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**Here is a link for our brand new online interactive menus!**

**These menus can be used to filter allergens, count carbs, see ingredients, etc. - [Freedom Online Menus](#)**

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Full Student Meal is \$1.35 Reduced is \$0.30 Extra Milk \$0.35				
Freedom Middle & High School Breakfast: March				
Monday	Tuesday	Wednesday	Thursday	Friday
3  French Toast Sticks & Sausage Patty  Variety of Cereals	4  Banana Chocolate Chip Oatmeal Bar  Variety of Cereals	5  Sausage Egg & Cheese Breakfast Sandwich  Variety of Cereals	6  Banana Bread  Variety of Cereals	7  No School - Staff Inservice
10  French Toast Sticks & Sausage Patty  Variety of Cereals	11  Banana Chocolate Chip Oatmeal Bar  Variety of Cereals	12  Sausage Egg & Cheese Breakfast Sandwich  Variety of Cereals	13  Banana Bread  Variety of Cereals	14  Belgian Waffle & Cheese Omelet  Variety of Cereals
17  French Toast Sticks & Sausage Patty  Variety of Cereals	18  Frosted Cinnamon Roll  Variety of Cereals	19  Sausage Egg & Cheese Breakfast Sandwich  Variety of Cereals	20  Banana Bread  Variety of Cereals	21  Belgian Waffle & Cheese Omelet  Variety of Cereals
24  No School - Spring Break	25  No School - Spring Break	26  No School - Spring Break	27  No School - Spring Break	28  No School - Spring Break
31  French Toast Sticks & Sausage Patty  Variety of Cereals				

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Full Student Meal is \$3.00 Reduced is \$0.40 Extra Milk \$0.35

## Freedom Middle & High School: March Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>(1) Boneless Chicken Wings</b> <b>(2) Cheeseburger</b> <b>(3) Cheese &amp; Sausage Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>4</b> <b>(1) Mini Corn Dogs w/ Potato Wedges</b> <b>(2) Chicken Tenders</b> <b>(3) Cheese &amp; Pepperoni Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>5</b> <b>(1) Strawberry Parfait &amp; Granola</b> <b>(2) Cheeseburger</b> <b>(3) Cheese &amp; Sausage Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>6</b> <b>(1) Beef Tacos</b> <b>(2) Breaded Chicken Sandwich</b> <b>(3) Cheese &amp; Pepperoni Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>7</b> No School - Staff Inservice
<b>10</b> <b>(1) Orange Chicken w/ Egg Roll &amp; Fried Rice</b> <b>(2) Cheeseburger</b> <b>(3) Cheese &amp; Sausage Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>11</b> <b>(1) Chicken Alfredo w/ Breadstick</b> <b>(2) Chicken Tenders</b> <b>(3) Cheese &amp; Pepperoni Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>12</b> <b>(1) French Toast Sticks &amp; Sausage Links</b> <b>(2) Hotdog</b> <b>(3) Cheese &amp; Sausage Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>13</b> <b>(1) BBQ Pulled Pork Sandwich</b> <b>(2) Spicy Chicken Sandwich</b> <b>(3) Cheese &amp; Pepperoni</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>14</b> <b>(1) Fish Sticks &amp; French Fries</b> <b>(2) Pizza Dippers</b> <b>(3) Cheese &amp; Pepperoni</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables
<b>17</b> <b>(1) Spaghetti &amp; Meatballs</b> <b>(2) Cheeseburger</b> <b>(3) Cheese &amp; Sausage Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>18</b> <b>(1) Sloppy Joe Sandwich w/ Tator Tots</b> <b>(2) Chicken Tenders</b> <b>(3) Cheese &amp; Pepperoni Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>19</b> <b>(1) Chicken &amp; Waffles</b> <b>(2) Cheeseburger</b> <b>(3) Cheese &amp; Sausage Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>20</b> <b>(1) Beef Tacos</b> <b>(2) Breaded Chicken Sandwich</b> <b>(3) Cheese &amp; Pepperoni</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables	<b>21</b> <b>(1) Fish Sticks &amp; French Fries</b> <b>(2) Pizza Dippers</b> <b>(3) Cheese &amp; Pepperoni</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables
<b>24</b> No School - Spring Break	<b>25</b> No School - Spring Break	<b>26</b> No School - Spring Break	<b>27</b> No School - Spring Break	<b>28</b> No School - Spring Break
<b>31</b> <b>(1) Chicken Nuggets &amp; Soft Pretzel</b> <b>(2) Cheeseburger</b> <b>(3) Cheese &amp; Sausage Pizza</b> PB&J Grab & Go Lunch Assorted Fruits and Vegetables				

A full student lunch includes a choice of entrée supply ing protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include skim white, 1% white and non-fat chocolate. Menu subject to change. Please contact Logan Wilson, Director of Dining Services