

Freedom Middle School



in the middle

September 2023

WELCOME BACK NEWSLETTER!!



Hello and welcome to the first edition of the “*In the Middle*” monthly newsletter. Enjoy reading about all of the great things happening here at Freedom Middle School!

GO IRISH!!!!

in the middle

Important Dates:

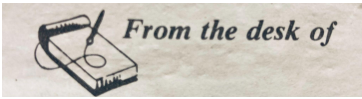
Monday, Sept. 4	Labor Day
Tuesday, Sept. 5	1st student day! WELCOME BACK!
Monday, Sept. 18	School Board meeting 6:30 pm
Wednesday, Sept. 20	7th grade Ledgeview Caves Trip (part 1)
Thursday, Sept. 21	7th grade Ledgeview Caves Trip (part 2)
Friday, Sept. 22	Early dismissal 12:30pm; Staff inservice
Wednesday, Sept. 27	Picture retakes

in the middle

Important Reminders:

- ★ Masking is optional when riding the bus.
- ★ Masking is optional while in school.
- ★ School starting time is 8:00am. Ending time is 3:21pm. Students should be in their 1st hour class no later than 7:55am.
- ★ Turn in all appointment notes to the office. This will help in regards to the 5 and 10 allowable absences from the state.
- ★ Early release time is 12:30.

in the middle



Dr. Methner

Hello FMS friends!

Welcome back for another great year at Freedom Middle School!

We are very excited to see you on the first day of school. Please come see me in the middle school office if you need help or want to chat! I am anxious to hear about your summer adventures.

The FMS faculty and staff are working diligently to be ready for your arrival on the first day of school. We welcome two new teachers this year: Mrs. Fox (6th Grade ELA), Mr. Gibbons (6th Grade Special Education) and Mrs. Skiba (7th Grade ELA). They are excited to meet you and bring a wealth of experience to our middle school!

Here are a few friendly tips as we approach the first day of school:

- ★ *Check the school supply list for any items you will need for your teachers.*
- ★ *Feel free to come see us before school starts if you would like to put things in your locker.*
- ★ *Take time to be kind to your family and enjoy the last weeks of summer!*

As always, I encourage parents and guardians to reach out to me or to teachers with any questions or concerns. I can be reached via email at gmethner@freedomschools.k12.wi.us, or by phone at 920-788-7945 ext. 2309.

GO IRISH!!!



in the middle

Counselor's Corner - Mr. Jason Bins

Greetings Freedom Middle School Stakeholders and Welcome to the 2023-24 School Year!

A special welcome to our new students and families. As I enter my fourteenth year at Freedom Middle School, I continue to be amazed by the interconnectedness of the staff, students, and families in our school and the growth our students show during their time at Freedom Middle School. F.M.S. is truly an awesome place! I hope our new staff members, families, and students have a similar experience!

As for my role as school counselor, I am entering my fourth full year as Freedom Middle School Counselor. As your child's school counselor, my job is to support your child's social, emotions, academic, and behavioral needs. I truly love my job because I get to support all students at their individual level and based on their needs.

With this said, please let me know what I can do to support your child, as we start the school year, and as we navigate through the 2023-24 school year and your child's middle school years. Please do not hesitate to contact me with information or concerns which impact your child. These items can be kept confidential or in a limited scope to protect your child. I can be reached at (920) 788-7945 (x2288) or via email at jbins@freedomschools.k12.wi.us.

In closing, I leave you with the story of the "Chinese Bamboo Tree."

The Chinese Bamboo Tree

Like any plant, growth of the Chinese Bamboo Tree requires nurturing - water, fertile soil, sunshine. In its first year, we see no visible signs of activity. In the second year, again, no growth above the soil. The third, the fourth, still nothing. Our patience is tested and we begin to wonder if our efforts (caring, water, etc.) will ever be rewarded.

And finally in the fifth year - behold, a miracle! We experience growth. And what growth it is! The Chinese Bamboo Tree grows 80 feet in just six weeks!

This story is a prevalent part of my counseling office and a great microcosm for your child's middle school years. As your child enters (or continues) their middle school journey, remember to keep "Watering the Bamboo!" We will do the same at F.M.S. and I am confident that all of our students will grow and find their path! -JB



in the middle

From the health office:

Reminders for the school year-

- **If vomiting/diarrhea- your student must be 24 hours vomiting/diarrhea free prior to returning to school/co-curriculars**
- **Fever of 100.4 or greater, your student will be sent home. Your student must be 24 hours fever free without the use of fever reduction medications prior to returning to school.**
- **All medication must be brought to school/picked up from school by a parent/guardian**
- **Bring in your emergency medication forms and medications. If a medication is kept on person, a physician must indicate that in the letter/form.**
- **If there is a change in your student's health condition/diagnosis, physical restrictions, please let the nurse know. Phone is 920-788-7944 or Email is akazik@freedomschools.k12.wi.us**

in the middle

Middle/High Lunch Menu

Menu Subject to Change				September 2023		USDA is an equal opportunity provider & employer
Monday	Tuesday	Wednesday	Thursday	Friday		
Student Lunch \$3.00 Reduced Lunch \$0.40 Adult Lunch \$4.35 Extra Carton of Milk \$.30	The Foodservice Department welcomes your questions or comments. Please call 788-7950 ext. 3301	A positive foodservice balance is required to participate	A la Carte Items Rice Kriapy Bar \$1.25 Muffin/Granola Bar \$0.75 Dbl Ch Oatmeal Bar \$0.75 MEGA Meal \$1.50 Water \$1.25 Snapple \$1.75	1		
4	5	6	7	8	No School	
	Nachos OR Spaghetti & Meatballs Vegetable Fruit Fresh Veggie Bar Choice of Milk	Sloppy Joe OR Rib Sandwich Vegetable Fruit Fresh Veggie Bar Choice of Milk	Corn Dog OR Chicken Patty w/ Mashed Vegetable Fruit Fresh Veggie Bar Choice of Milk	Pizza OR Popcorn Chicken & Fries Vegetable Fruit Fresh Veggie Bar Choice of Milk		
11	12	13	14	15		
Hot Dog OR Chicken Patty w/Mashed Vegetable Fruit Fresh Veggie Bar Choice of Milk	Hamburger OR Tacos Vegetable Fruit Fresh Veggie Bar Choice of Milk	Sub Sandwich OR Chicken Nuggets Vegetable Fruit Fresh Veggie Bar Choice of Milk	Chicken Wrap OR Pizza Vegetable Fruit Fresh Veggie Bar Choice of Milk	Cheesy Chicken & Rice OR Ham & Cheese Vegetable Fruit Fresh Veggie Bar Choice of Milk		
18	19	20	21	22		
Chicken Patty Sandwich OR Pizza Vegetable Fruit Fresh Veggie Bar Choice of Milk	Nacho's OR Cheeseburger Vegetable Fruit Fresh Veggie Bar Choice of Milk	Popcorn Chicken OR Pizza Boat Vegetable Fruit Fresh Veggie Bar Choice of Milk	Salisbury Steak OR Beef Enchillada Vegetable Fruit Fresh Veggie Bar Choice of Milk	Corn Dog OR Chicken Nuggets Vegetable Fruit Fresh Veggie Bar Choice of Milk		
25	26	27	28	29		
Sloppy Joe OR Rib Sandwich Vegetable Fruit Fresh Veggie Bar Choice of Milk	Tacos OR Chicken Wrap Vegetable Fruit Fresh Veggie Bar Choice of Milk	Quesadilla OR Spaghetti & Meatballs Vegetable Fruit Fresh Veggie Bar Choice of Milk	Pizza Pocket OR Mini Corn Dogs Vegetable Fruit Fresh Veggie Bar Choice of Milk	Fish Sandwich OR Chicken Patty w/Rice Vegetable Fruit Fresh Veggie Bar Choice of Milk		